

# COVID-19 vaccines and EB



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[www.debra-international.org/covid-19-vaccines-and-eb](http://www.debra-international.org/covid-19-vaccines-and-eb)



Dear Ritu,

There are now a number of COVID-19 vaccines that have been approved for use worldwide. Arguably, the three most well-known and widely available vaccines at the moment are the **Pfizer/BioNTech** mRNA vaccine, the **Oxford/AstraZeneca** adenovirus vector vaccine, and the **Moderna** mRNA vaccine. A number of other COVID-19 vaccines have been approved for use in some countries and there are over 230 more in development.

Whilst the roll-out of these vaccines is certainly a positive and welcomed development, there have been questions and concerns about whether vaccination against SARS-CoV-2 (the virus that causes COVID-19) is safe for people living with hereditary EB and whether they should be prioritised to receive it. Widespread misinformation online about the COVID-19 vaccines and vaccines in general can also cause additional worry.

We have put together general and EB-specific information regarding vaccination against SARS-CoV-2 to address some of the concerns your EB Community may have. All information has been derived from reputable sources and been reviewed by EB clinical experts. Adaptations to this information taking local/national circumstances into account may be appropriate. It is important to note that we are learning more about both COVID-19 itself and the different vaccines that are being developed all the time. We will endeavour to provide updates as and when new information is released.

The information can be found on our website and as part of a free booklet: <https://www.debra-international.org/covid-19-vaccines-and-eb>

## DEBRA International's stance

DEBRA International follows the advice and recommendations for the COVID-19 vaccine for patients with hereditary epidermolysis bullosa (EB simplex, dystrophic EB, junctional EB, Kindler EB) as outlined by the European Reference Network Skin (ERN-Skin). There is no evidence to suggest that people with hereditary EB should avoid vaccination against SARS-CoV-2. Vaccination is strongly recommended for patients with all types of EB, particularly those with severe mucocutaneous fragility and systemic complications, such as malnutrition and cardiomyopathy, among others. EB patients with any questions or concerns about being vaccinated should consult their healthcare

provider and/or EB healthcare team.

### Resources for your DEBRA group

We invite all DEBRA groups to use and share the information on our website and/or the booklet provided with their national EB Communities. Whilst most of the information will be relevant to everyone, some adaptations - particularly surrounding the vaccines that are available in each country - will be required.


Due to licensing agreements of content within the booklet, we are unable to share the editable version of the file. However, we are happy to implement any changes for local use (information, DEBRA logo, etc.) as well as translations.

Click on the button below to access the following resources:


- "COVID-19 VACCINES AND EPIDERMOLYSIS BULLOSA (EB)" PDF information booklet (PDF for web)
- "COVID-19 VACCINES AND EPIDERMOLYSIS BULLOSA (EB)" PDF information booklet (PDF for print)
- Dual language table for translations of information booklet
- Information booklet content with references

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If you have any questions regarding the information or use of the resources above, please do not hesitate to contact Liv, DEBRA International Business Manager at [olivia.mullins@debra-international.org](mailto:olivia.mullins@debra-international.org).



## COVID-19 VACCINES AND EPIDERMOLYSIS BULLOSA (EB)



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